Lily D. Berger, BSN, RN, PCCN

LDBerger@bwh.harvard.edu (781) 710-9648

EDUCATION

University of Colorado Denver College of Nursing, Aurora, CO

Accelerated Bachelor of Science in Nursing, December 2018.

GPA: 3.95

Tufts University, Medford, MA

Bachelor of Science in Clinical Psychology, May 2014 Cumulative GPA: 3.62, Clinical Psychology GPA: 3.75

PROFESSIONAL EXPERIENCE

Brigham and Women's Hospital, Medical Oncology Step Down, Boston, MA

Registered Nurse, (March 2021-Present)

- Coordinate and provide direct patient care for up to four patients per shift with solid tumor diagnoses
- Engage in patient and family education relating to diagnoses and treatments, providing ongoing psychosocial support and advocacy with an emphasis on self-sufficiency
- Collaborate with other health care team members in implementing care plans to ensure positive health outcomes
- Administer chemotherapy and immunotherapy products
- Precept nursing students and lead orientation of new nurses to unit
- Nurse ambassador for multidisciplinary hospital-wide "Safe Patient Handling" committee

Brigham and Women's Hospital, Thoracic Surgery Step Down Unit, Boston, MA Registered Nurse, (June 2019-March 2021)

- Coordinated and provided direct patient care for up to four patients per shift recovering from acute respiratory and upper gastrointestinal surgeries
- Lead RN training across specialties through "Super User" role for wireless EKG technology
- Lead and communicated falls prevention initiatives through service on unit-based Falls Prevention committee
- Provided critical and dynamic support to intensive care nurses in COVID units through Nurse Extender role

Athenahealth, Watertown, MA

Data Solutions Associate (June 2014-August 2015)

- Managed custom reporting projects for electronic health records company from technical specifications through delivery by employing application experience and database schema knowledge using SOL queries
- Trained and consulted clients and internal teams on optimal use of custom reporting capabilities
- Provided client-facing support for Data Warehouse feeds which enable reporting capabilities
- Collaborated with software developers, client management teams and third-party analytic teams to deliver reports that enhance clinical and financial data insight

• Reviewed code for reports delivered in SQL, Perl, and HTML to ensure that it meets the report specifications

RESEARCH EXPERIENCE

University of Denver, Neurodevelopmental Research Program, Denver, CO

Research Coordinator (August 2015-March 2019)

Supervisor: Elysia Davis, PhD, Rob Mancuso, PhD, Chris Dunkel-Schetter, PhD

- Lead coordinator on 4-year, federally-funded multi-site study examining the role of antenatal maternal mood, HPA-axis activity, and inflammatory activity on pregnancy outcome, as well as infant behavioral and immunologic development among 300 patients at Denver Health, a community health hospital
 - Conducted English and Spanish assessment with subjects, including obtaining consent, administering maternal self-report measures and SCID-IV, and administering infant temperament and developmental assessments
 - Collected and process biological samples, including blood, saliva, hair, and fecal matter
 - o Recruited Spanish and English-speaking subjects and schedule study sessions
 - o Maintained regulatory documents and communicate with the IRB
- Coordinated research projects investigating how fetal exposure to maternal psychosocial stress and stress hormones affect infant stress and emotion regulation, cognitive functioning, and brain development
 - o Created and maintain various study databases and managed subject files
 - o Assisted in the data analysis, preparation, and editing of conference presentations and papers for publication
 - Assisted in development of research protocols and preparation of grants for submission to federal funding agencies
 - Supervised and mentor multiple bachelor's level and graduate level research assistants
 - Assisted in video coding projects measuring maternal sensitivity and infant temperament in both Spanish and English

Harvard University, Youth Mental Health Laboratory, Cambridge, MA

Research Assistant (May 2013-June 2014)

Supervisor: John Weisz, PhD

- Assisted in graduate student's dissertation thesis exploring child social anxiety with a CBT approach
 - Conducted initial diagnostic interviews and ran experimental trials, obtained participant consent
 - o Headed recruitment efforts, recruited 80 child participants over 6 months, and created and managed expansive recruitment database of over 400 contacts
 - Contributed to development of study procedure, protocols and research questions
 - Completed literary reviews and synthesized findings which materially helped guide team's thinking on hypothesis test
 - o Performed statistical analysis on resultant dataset using SPSS and derived initial findings to support team's hypothesis

Research Assistant (January 2012-January 2014)

Supervisor: Robin Kanarek, PhD

- Conducted experimental trials investigating diet, nutrition, eating behavior, and perception among college students
 - Administered psychological and physiological assessments and adhered to maximum health and sanitary protocol through collection of biologically sensitive materials, such as blood glucose and salivary measurements
 - o Operated and monitored EyeTracker system and recorded participant data

POSTERS

Berger L.D.*, Swales D.A., Gulley L., Hankin B.L., Davis E.P. (2016). *Attentional processing of emotional stimuli and infant temperament*. Poster presented at the Society in Research for Child Development, Austin, TX.

Swales D.A., Berger L.D.*, Gulley L., Hankin B.L., Davis E.P. (2016). *Maternal postpartum depressive symptoms affect infant attention to sad faces*. Poster presented at the International Society for Developmental Psychobiology, San Diego, CA.

Swales D.A., Berger L.D.*, Martinez L.M., Edelmann M.N., Wing D.A., Davis E.P. (2016). *Perinatal maternal depressive symptoms influence the development of infant HPA axis regulation.* Poster presented at the American Psychosomatic Society, Denver, CO.

• This poster was selected for presentation as a Citation Poster (chosen on basis of high merit)

Berger L.D.*, Martinez L.M., Swales D.A., Edelmann M.N., Wing D.A., Davis E.P. (2015). *Perinatal depressive symptoms and infant stress response*. Poster presented at the Front Range Neuroscience Group, Fort Collins, CO.

LICENSES AND CERTIFICATIONS

- Registered Nurse, in the state of Massachusetts, License #2332432, expires August 2022
- Advanced Cardiovascular Life Support (ACLS), American Heart Association, expires December 2022
- Progressive Care Certified Nurse (PCCN), American Association of Critical Care Nurses, expires March 2024
- Chemotherapy and Immunotherapy Certified Nurse, Oncology Nursing Society, expires April 2025

MEMBERSHIPS

- American Nurses Association, Spring 2020-Present
- American Association of Critical Care Nurses, Fall 2018-Present
- Sigma Theta Tau International Honor Society of Nursing, Fall 2018-Present